



UNITED KINGDOM

Bradford Co-coaching Forum

12th July 2018

Theme

Models, Methods and Merriment

Overview

An opportunity to share our favourite coaching ideas over food and fizz

Activities

- Introductions
- Picnic
- Celebration of Liz gaining Master Executive Coach Accreditation
- Sharing of models and methods
 - Working with Attachment Theory
 - Tuning in and meeting people where they are
 - The PAIR model
 - Working Styles / Drivers
 - 10 components of a Thinking Environment

Reflections on Learning

- Lots of ideas shared
- Lovely to get to know each other more

Resources

Many resources were shared on the evening. For copies please contact Liz.

Upcoming Events

- **13th September**, 6-9pm, Bradford Co-coaching Forum, Midland Hotel, Bradford
- **19th September**, 6-9pm, AC Regional Event – Embodied Coaching with Jenny Stacey, Leeds
- **11th October**, 6-9pm, Bradford Co-coaching Forum – Embodied Coaching – an opportunity to practice ideas delivered at September’s regional event

All Bradford co-coaching events can be booked via Eventbrite